Utah Diabetes Telehealth Program



3rd Wednesday of each Month

12 – 1:00 p.m. (MST)

Wednesday, July 18, 2007 Coaching for Change: Motivating Persons with Diabetes Terri Flint, PhD

The July Telehealth program will focus on behavior change and how to motivate patients to make healthy changes for improved diabetes management. Our presenter will be Terri Flint, PhD, who is the Employee Assistance Program Coordinator for the Intermountain Health Care system in Utah. Dr. Flint will be discussing strategies and theories for motivating and encouraging patients with diabetes.

- CEUs offered for nurses (1.5 hours) and dietitians (1 hour) for all Diabetes Telehealth Programs -

Upcoming Programs:

August 15 – Medicines for Diabetes and Cardiovascular Disease Management September 19 – <u>No program</u> due to Statewide Preparedness Exercise (equipment unavailable) October 17 – Clarifying and Applying Lab Results

Please use registration form sent by email or online http://www.health.utah.gov/diabetes/apps/threg.php
(Please register by July16th for this program)

Utah Diabetes Prevention & Control Program Utah Department of Health P.O. Box 142107 Salt Lake City UT 84114-2107 List of Utah Telehealth Sites: http://www.utahtelehealth.net/utn.pdf

Betsi Patiño

Phone: 801-538-6593 Fax: 801-538-9495 E-mail: bpatino@utah.gov Contact Betsi Patiño to schedule Telehealth video or telephone links

For technical assistance on the day of the conference, call Pat Bryner 801-585-2426

http://www.health.utah.gov/diabetes/telehealth/telehealth.htm